



**Wigan Swimming Club
Summer Sizzler Sprint Meet 2024**
All galas to be held at Wigan Life Centre

Programme

Session 1 Sunday 19th May 2024 Approx w/u 08:30 Start TBC (Both TBC)					Session 2 Sunday 19 th May 2024 Approx w/u 1.30 Start --- (Both TBC)				
Event No.		Age	Distance	Stroke	Event No.		Age	Distance	Stroke
101	Females	9/ov	200	Free	201	Open/Males	9/ov	200	Free
102	Open/Males	9/ov	50	Fly	202	Females	9/ov	50	Back
103	Females	9/ov	50	Fly	203	Open/Males	9/ov	50	Back
104	Open/Males	9/ov	100	Back	204	Females	9/ov	100	Fly
105	Females	9/ov	100	Back	205	Open/Males	9/ov	100	Fly
106	Open/Males	9/ov	50	Breast	206	Females	9/ov	50	Free
107	Females	9/ov	50	Breast	207	Open/Males	9/ov	50	Free
108	Open/Males	9/ov	100	Free	208	Females	9/ov	100	Breast
109	Females	9/ov	100	Free	209	Open/Males	9/ov	100	Breast
110	Open/Males	9/ov	100	IM	210	Females	9/ov	100	IM



Wigan Swimming Club Summer Sizzler Sprint Meet 2024 General Information

- 1. Venue:** Wigan Life Centre, College Avenue, Wigan WN1 1NJ
- 2. Date:** Sunday 19th May 2024
Two sessions with the AM session - Warm Up 8.30 am Start TBC
PM session Warm Up and Start Time TBC.
- 3. Facilities:** Pool is 8 lanes (2 ½ m wide) 25m Pool using Colorado System 6 Electric Timing and uses anti wave lane ropes, no strobe will be available. Spectator balcony for the seating for 250, with an additional comfort area overlooking the pool.
- 4. The Meet**

The event is licensed by Swim England at License Level 3 for entry into County and Regional Competitions and will be a Short Course event.

The competition will be held under Swim England Laws & Technical Rules.

All events will be seeded on submitted times and all events will be Heat Declared Winner.

Swimmers must report to the Competitors Stewards when instructed to do so. Any swimmer not reporting in time may be excluded.

The promoters reserve the right in the interests of time to operate 'OVER THE TOP' starts.

Results sheets will be posted in a position where spectators and swimmers can see the final positions for each event. A complete list of Start Lists and Results will be available via the website. Unfortunately owing to the very poor signal at Wigan this will probably be done retrospectively.

The events available to each Age Group are as follows:-

9, 10, 11, 12, 13, 14, 15/Over 50m Free, Back, Breast, Fly
9, 10, 11, 12, 13, 14, 15/Over 100m Free, Back, Breast, Fly, Ind Medley
9, 10, 11, 12, 13, 14, 15/Over 200m Free

The age groups are 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & over. **Ages of swimmers are as at midnight on 19th May 2024.**



The promoters reserve the right to refuse admission to any person.

Any situation not covered by the above information or Meet Conditions will be at the discretion of the promoters, who also reserve the right to make any changes that may be considered necessary for the smooth running and discipline of the event.

5. **Clarifying Female category birth sex**

The new Policy requires athletes who want to compete in the Female category to confirm their birth sex. Promoters are being encouraged to add to their conditions a statement to confirm that by entering the meet the athlete is confirming that if they are entering the Female category, that they confirm they were born with a birth sex of female. The following is an example of such a statement;

The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

6. **Entry:** Cost per event is £6.00 (electronic only)

Swimmers are to enter the gala individually, with payment taken online, by accessing Wigan Swimming Club website, link will be available nearer the entry date.

Closing Date for Entries: Midnight 05th April 2024. NO LATE ENTRIES ACCEPTED

All entrants must be registered with Swim England at Club Compete (Cat 2) for that club.

The promoter reserves the right to return entries if events are oversubscribed by reducing the consideration time or by any other method thought appropriate. Entries will be considered from swimmers who meet the consideration times. Swimmers that don't have a formal time from the Swim England rankings may submit a time based on a realistic forecast of current form. This will enable more accurate seeding for the swimmer. The promoter reserves the right to reject any such times if events are oversubscribed.

Entries from registered Disability Swimmers are welcome.

A totally Cardless system will be used. After the closing date for entries confirmation of entry will be posted on the website and in addition the Competition Secretaries will receive by e-mail confirmation of which events their club's swimmers are swimming plus details of how to withdraw from an event should the need arise. In the event of any rejections full refunds for rejected events will be paid back via the club.



- 7. Coach Pass** – First two 2 passes for Coaches or Team Managers will be charged at £10.00 each, any extra passes will be free. Clubs providing an Official (qualified or in training) will receive free Coach passes.

No Coach/Team Manager will be allowed on poolside unless they are in possession of a Coach's Pass which must be applied for at the time of submitting the Entries. Passes may be purchased and they will be valid only for the day and date specified. The Pass may be transferred to another Coach/Team Manager during the day. Anyone not displaying a valid Pass will be asked to leave the Poolside. The payment for the Pass will entitle the holder to a Programme for the day plus a Heat Start List for the Sessions on that day.

BACS is the preferred method of payment, as a reference please state the club name for the collective entries. Wigan Swimming Club details are:

Name - Wigan Swimming Club

Sort Code - 40-46-32

Account Number – 32042517

Reference – Your Club Name

- 8. Awards:** No formal presentations will be made however medals will be available for collection during each session.

All Age Group winners will be on a heat declared winner basis.

The first three (3) swimmers in each Age Group will receive medals.

- 9. SPECTATORS** – The promoters reserve the right to allow spectators and will follow the current Pool Operator and Swim England Guidelines.

Full day entry for spectators is £8, half day £5, if attending only morning session, spectator is to pay £8 and £3 will be refunded on return on wristband.

- 10. Contact** – meets@wiganswimmingclub.org.uk



Consideration Times

The Times below for each event are the **Upper Limit Time** (Entry Time **cannot be faster** than these) and entry times must be submitted for the competition.

Female Short Course Qualifying Time

Event	Upper 9 Yrs	Upper 10 Yrs	Upper 11 Yrs	Upper 12 Yrs	Upper 13 Yrs	Upper 14 Yrs	Upper 15/Ov
50m Freestyle	30.0	29.0	29.0	28.0	28.0	27.0	27.0
100m Freestyle	1.05.0	1.04.0	1.04.0	1.03.0	1.01.0	1.00.0	58.0
200m Freestyle	2.30.0	2.20.0	2.20.0	2.14.0	2.10.0	2.08.0	2.03.0
50m Breaststroke	41.0	39.0	39.0	37.0	35.0	34.0	34.0
100m Breaststroke	1.35.0	1.25.0	1.25.0	1.19.0	1.18.0	1.15.0	1.13.0
50m Butterfly	33.0	32.0	32.0	31.0	29.0	29.0	28.0
100m Butterfly	1.14.0	1.12.0	1.12.0	1.08.0	1.06.0	1.06.0	1.05.0
50m Backstroke	34.0	33.0	33.0	32.0	30.0	28.0	27.0
100m Backstroke	1.16.0	1.12.0	1.12.0	1.08.0	1.07.0	1.07.0	1.05.0
100m Individual Medley	1.12.0	1.10.0	1.08.0	1.06.0	1.04.0	1.02.0	1.00.0

Male Short Course Qualifying Time

Event	Upper 9 Yrs	Upper 10 Yrs	Upper 11 Yrs	Upper 12 Yrs	Upper 13 Yrs	Upper 14 Yrs	Upper 15/Ov
50m Freestyle	30.0	29.0	29.0	28.0	26.0	26.0	24.0
100m Freestyle	1.05.0	1.03.0	1.03.0	1.01.0	56.0	54.0	52.0
200m Freestyle	2.26.0	2.20.0	2.20.0	2.14.0	2.04.0	1.58.0	1.54.0
50m Breaststroke	42.0	40.0	40.0	38.0	35.0	32.0	30.0
100m Breaststroke	1.33.0	1.23.0	1.23.0	1.19.0	1.14.0	1.10.0	1.07.0
50m Butterfly	33.0	32.0	32.0	31.0	29.0	28.0	26.0
100m Butterfly	1.14.0	1.12.0	1.12.0	1.07.0	1.04.0	1.01.0	58.0
50m Backstroke	33.0	32.0	32.0	31.0	31.0	29.0	28.0
100m Backstroke	1.13.0	1.11.0	1.11.0	1.07.0	1.04.0	1.03.0	1.00.0
100m Individual Medley	1.12.0	1.10.0	1.08.0	1.06.0	1.04.0	1.02.0	1.00.0