



**Rocks Meet Venue
Palatine Leisure Centre
207 St Annes Road
Blackpool
FY4 2AP**

**Blackpool Rocks Promoter's Conditions
25/26 May 2024
Licence No. 3NW240523**

Meet Level

The meet is licensed at level 3 and shall be run under Swim England Laws and Technical Rules and the promoters' conditions. The competition is open to all swimmers who are at least 9 years old on the final day of the meet and who are registered competitive members of Swim England (Club Compete)

Age Groups

The Age Groups will be 9, 10, 11, 12, 13, 14, 15/Over as at midnight on 26 May 2024.

The Female Category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the "Female" category, a swimmer confirms that their birth sex is female.

Pool

The competition shall be held in an 8 lane 25m pool with anti-wave lane ropes. Electronic timing shall be in operation. A strobe light is available for the use of swimmers with a hearing impediment.

Events and Entries

Events are 50m, 100m, 200m all strokes, 100m I.M. and 200m I.M. **NB: 200m IM 10/Over & 200m Fly 11 /Over.**

Entries to be submitted electronically using the Sportssystem software.

Information pack will be available on the club website www.blackpoolaquatics.org.

Entries shall be accepted on a first come first served basis up to and including the closing date, Wednesday 8 May 2024 or when the gala capacity has been reached whichever occurs first.

Entries will only be accepted from **7:00 pm Wednesday 24 April 2024** and must be accompanied by the summary entry form. **NO ENTRIES WILL BE ACCEPTED PRIOR TO THIS DATE.** Accepted entries will be posted on the club website after the closing date or when the meet is full.

Disability Swimmers

Classified disability swimmers are permitted to enter without the requirement of having achieved a consideration time.

Fees and Payment

The entry fee shall be £6.00 per event.

Coaches Passes are £20.00 per coach for the weekend. This includes meet programme, heat start lists, poolside refreshments, snacks, and a light lunch. Coaches must be a member of the club competing, hold a coach's pass issued by Blackpool Aquatics ASC and comply with the relevant SE Child Safeguarding Procedures and have an up-to-date DBS certificate.

Payment for entries and coaches passes must be made by cheque to Blackpool Aquatics ASC, or by transfer to the club bank account.

Spectator entry shall be by colour coded wristbands. Entry fees £5.00 per day, £3.00 per individual session.

The Competition

Over the top starts will be in operation which may include backstroke. The heats shall be swum all ages seeded together.

Each event will be on "Heat Declared Winner" basis.

Spot prizes will be awarded to the winner of randomly selected heats (regardless of any disqualifications).

Awards

The fastest three swimmers in each event and each age group will receive an award.

Top Open/Male and Female swimmer in each age group will receive a trophy. The fastest eight swimmers will score in each age group/event.

Data Protection

Meet entries shall be managed on a computer. Your consent to the holding of personal information for the purposes of the Meet shall be treated as being given by the submission of your entries, as shall your consent for such details to be published both during and after the meet.

Consideration Times

There are consideration times (lower limit and upper limit) for this Meet. Submitted times must be equal to or faster than the lower limit time and slower than the upper limit time.

25m pool times or converted 50m times should be submitted.

The requirement of having achieved a consideration time relies significantly on the integrity of coaches, swimmers, and parents to submit correct truthful information. No refunds for mistakes. Random checks may be made against the current SE rankings database for times achieved since 1 January 2023. Swimmers found to have a current rankings time as at the opening date for entries (24 April 2024) faster than the upper consideration time will be rejected from those events.

Photography

No photography is permitted in the pool hall. No mobile phones will be permitted on poolside.

Administration of the Meet

There will be two sessions per day.

Withdrawals must be made on an official withdrawal form to be submitted one hour before the start of the session, or by text to mobile number 07951 652410 from Thursday 23 May 2024.

Competitors are responsible for presenting themselves to the marshalls in the Sports Hall one event prior to the one in which they are competing. It is the swimmer's responsibility to be at the start in time for their race.

Conditions not covered in these competition rules shall be dealt with in accordance with the laws of the sport and at the discretion of the promoter. The promoter reserves the right to refuse admission to any spectator, coach, or swimmer.

Entries should be submitted electronically and club summary entry and payment to:

Blackpool Aquatics ASC

51 Heron Way

Blackpool

FY3 8FA

Tel: 01253 393967

Email blackpoolaquaticsc@gmail.com

For BACS transfers please reference: Club Name Rocks (Example: BlackpoolAqRocks)

Bank Santander

Sort Code 09-01-51

Account Name Blackpool Aquatics ASC

Account Number 07035804

Any queries about the meet please contact the promoter Mrs Janice Whittle as above.



BLACKPOOL ROCKS 2024 LICENSE NO. 3NW240523

Palatine Leisure Centre Blackpool 25/26 May 2024

OPEN/MALE CONSIDERATION TIMES							Short Course - 25m		FEMALE CONSIDERATION TIMES							
9	10	11	12	13	14	15/ov	QT	EVENTS	QT	9	10	11	12	13	14	15/ov
49.00	45.00	44.00	37.00	35.00	34.00	33.00	Lwr	50m Free	Lwr	49.00	45.00	44.00	37.00	36.00	35.00	34.00
33.00	31.00	30.00	29.00	27.00	26.00	25.00	Upr		Upr	33.00	31.00	30.00	29.00	28.00	27.00	26.00
1.45.00	1.38.00	1.30.00	1.24.00	1.19.00	1.14.00	1.12.00	Lwr	100m Free	Lwr	1.45.00	1.35.00	1.30.00	1.24.00	1.20.00	1.16.00	1.14.00
1.22.00	1.15.00	1.08.00	1.03.00	1.01.00	58.00	56.00	Upr		Upr	1.22.00	1.15.00	1.08.00	1.04.00	1.03.00	1.01.00	59.00
3.42.00	3.30.00	3.15.00	2.58.00	2.45.00	2.38.00	2.30.00	Lwr	200m Free	Lwr	3.42.00	3.30.00	3.15.00	2.58.00	2.48.00	2.40.00	2.35.00
2.45.00	2.35.00	2.25.00	2.18.00	2.14.00	2.12.00	2.09.00	Upr		Upr	2.45.00	2.35.00	2.25.00	2.20.00	2.17.00	2.15.00	2.13.00
55.00	51.00	49.00	43.00	40.00	38.00	36.00	Lwr	50m Back	Lwr	55.00	51.00	49.00	43.00	42.00	40.00	38.00
36.00	34.00	33.00	31.00	30.00	29.00	28.00	Upr		Upr	36.00	34.00	33.00	32.00	31.00	30.00	29.00
1.55.00	1.45.00	1.39.00	1.34.00	1.24.00	1.20.00	1.17.00	Lwr	100m Back	Lwr	1.55.00	1.45.00	1.39.00	1.34.00	1.28.00	1.24.00	1.21.00
1.30.00	1.23.00	1.16.00	1.12.00	1.08.00	1.07.00	1.06.00	Upr		Upr	1.30.00	1.23.00	1.16.00	1.13.00	1.11.00	1.10.00	1.09.00
4.08.00	3.52.00	3.36.00	3.20.00	3.02.00	2.52.00	2.45.00	Lwr	200m Back	Lwr	4.08.00	3.52.00	3.36.00	3.20.00	3.05.00	2.54.00	2.52.00
3.06.00	2.52.00	2.39.00	2.33.00	2.24.00	2.20.00	2.17.00	Upr		Upr	3.06.00	2.52.00	2.39.00	2.35.00	2.28.00	2.26.00	2.24.00
57.00	52.00	49.00	43.00	40.00	38.00	36.00	Lwr	50m Fly	Lwr	57.00	52.00	49.00	43.00	42.00	40.00	38.00
38.00	36.00	33.00	31.00	30.00	29.00	28.00	Upr		Upr	38.00	36.00	33.00	32.00	31.00	30.00	29.00
2.00.00	1.50.00	1.42.00	1.35.00	1.25.00	1.20.00	1.17.00	Lwr	100m Fly	Lwr	2.00.00	1.50.00	1.42.00	1.35.00	1.29.00	1.25.00	1.22.00
1.30.00	1.23.00	1.16.00	1.11.00	1.06.00	1.04.00	1.01.00	Upr		Upr	1.30.00	1.23.00	1.16.00	1.12.00	1.10.00	1.08.00	1.06.00
NO	NO	3.40.00	3.30.00	3.08.00	3.00.00	2.55.00	Lwr	200m Fly	Lwr	NO	NO	3.40.00	3.30.00	3.15.00	3.07.00	3.00.00
EVENT	EVENT	2.43.00	2.38.00	2.27.00	2.23.00	2.18.00	Upr		Upr	EVENT	EVENT	2.43.00	2.40.00	2.33.00	2.30.00	2.25.00
1.00.00	58.00	55.00	48.00	44.00	43.00	41.00	Lwr	50m Breast	Lwr	1.00.00	58.00	55.00	48.00	46.00	44.00	43.00
44.00	42.00	39.00	36.00	34.00	33.00	32.00	Upr		Upr	44.00	42.00	39.00	37.00	36.00	35.00	34.00
2.05.00	1.59.00	1.55.00	1.46.00	1.38.00	1.34.00	1.32.00	Lwr	100m Breast	Lwr	2.05.00	1.59.00	1.55.00	1.46.00	1.42.00	1.38.00	1.36.00
1.40.00	1.35.00	1.28.00	1.20.00	1.17.00	1.13.00	1.10.00	Upr		Upr	1.40.00	1.35.00	1.28.00	1.22.00	1.20.00	1.17.00	1.14.00
4.45.00	4.20.00	4.05.00	3.50.00	3.35.00	3.22.00	3.12.00	Lwr	200m Breast	Lwr	4.45.00	4.20.00	4.05.00	3.50.00	3.38.00	3.32.00	3.25.00
3.32.00	3.16.00	3.05.00	2.54.00	2.42.00	2.32.00	2.28.00	Upr		Upr	3.32.00	3.16.00	3.05.00	2.56.00	2.48.00	2.42.00	2.35.00
1.58.00	1.50.00	1.40.00	1.33.00	1.26.00	1.22.00	1.20.00	Lwr	100m I.M.	Lwr	1.58.00	1.50.00	1.40.00	1.33.00	1.29.00	1.25.00	1.21.00
1.25.00	1.20.00	1.16.00	1.12.00	1.08.00	1.06.00	1.03.00	Upr		Upr	1.25.00	1.20.00	1.16.00	1.14.00	1.11.00	1.09.00	1.07.00
NO	3.48.00	3.35.00	3.20.00	3.00.00	2.55.00	2.49.00	Lwr	200m I.M.	Lwr	NO	3.48.00	3.35.00	3.20.00	3.05.00	2.58.00	2.52.00
EVENT	2.50.00	2.38.00	2.32.00	2.25.00	2.20.00	2.15.00	Upr		Upr	EVENT	2.50.00	2.38.00	2.35.00	2.30.00	2.27.00	2.24.00

BLACKPOOL ROCKS MEET 2024
Licence No. 3NW240523

PROGRAMME OF EVENTS

Saturday 25 May

AM			PM	
101	Female 9/Over 100m I.M.		201	Open/Male 10/Over 200m I.M.
102	Open/Male 9/Over 50m Butterfly		202	Female 9/Over 50m Breaststroke
103	Female 9/Over 50m Backstroke		203	Open/Male 9/Over 50m Freestyle
104	Open/Male 9/Over 200m Backstroke		204	Female 9/Over 100m Backstroke
105	Female 9/Over 100m Breaststroke		205	Open/Male 9/Over 200m Breaststroke
106	Open/Male 9/Over 100m Freestyle		206	Female 9/Over 200m Freestyle
107	Female 11/Over 200m Butterfly		207	Open/Male 9/Over 100m Butterfly

Sunday 26 May

AM			PM	
301	Open/Male 9/Over 100m I.M.		401	Female 10/Over 200m I.M.
302	Female 9/Over 50m Butterfly		402	Open/Male 9/Over 50m Breaststroke
303	Open/Male 9/Over 50m Backstroke		403	Female 9/Over 50m Freestyle
304	Female 9/Over 200m Backstroke		404	Open/Male 9/Over 100m Backstroke
305	Open/Male 9/Over 100m Breaststroke		405	Female 9/Over 200m Breaststroke
306	Female 9/Over 100m Freestyle		406	Open/Male 9/Over 200m Freestyle
307	Open/Male 11/Over 200m Butterfly		407	Female 9/Over 100m Butterfly

Warm Up and Start time to be confirmed after entries are processed.

Entries Open Wednesday 24 April 2024 7.00pm

Entries Close Wednesday 8 May 2024 (or when the meet is full)



Competition Level: 3	Blackpool Rocks Meet 2024		£6 per Event
Remember to add your SE Number and DOB			
SE Registration Number:		DOB:	
Club Representing:		Age on 26 th May 2024:	
Full Name:			(OPEN/MALE) / (FEMALE)
E-mail Address:			
Telephone Number:			
Address:		Postcode:	
Event	Time	Date	Competition
50m Freestyle			
100m Freestyle			
200m Freestyle			
400m Freestyle			
800m Freestyle			
1500m Freestyle			
50m Backstroke			
100m Backstroke			
200m Backstroke			
50m Breaststroke			
100m Breaststroke			
200m Breaststroke			
50m Butterfly			
100m Butterfly			
200m Butterfly (11yrs/ ovr)			
100m Individual Medley			
200m Individual Medley (10yrs / ovr)			
400m Individual Medley			
Total Number of entries:		£6 per Event	Total: £
Signed:	<i>Parent/ Guardian</i>		

Entry Form Help

- **Guide to the four levels of licensed meets**

All licensed meets are subject to Swim England Regulations and the Swim England Technical Rules of Racing. They are graded into four levels.

1. **Level 1** Meets are long course (LC) (50m) only and cover National, Regional and other specialised meets. Their purpose is to enable athletes to achieve qualifying times for entry into National, Regional and County Championships. Times must be recorded in the British Rankings → <https://www.swimmingresults.org/individualbest/>
2. **Level 2** Meets are short course (SC) (25m) only and cover Regional and County competitions (typically in winter). Their purpose is to enable athletes to achieve qualifying times for entry into National, Regional and County Championships in short course. Times must be recorded in the British Rankings → <https://www.swimmingresults.org/individualbest/>
3. **Level 3** Meets are long and short course events. Their purpose is to enable athletes to achieve times for entry into Regional and County Championships and other Meets at Level 1 or Level 2. Times can be a mixture of licenced, un-licenced or a coach's estimated time. British Rankings → <https://www.swimmingresults.org/individualbest/>
HSC Times → <https://sports-tek.active.com/TMOnline/index.asp?STRIPPED=HaltonSwimmingClub>
4. **Level 4** Meets are entry level events in pools 25m or greater. Borough Championships are an example. They are for inexperienced athletes and swimmers seeking to compete outside their club environment. If times are good athletes progress to Level 3 Meets.

- **Long course to short course (and vice versa) conversions**

Remember to check whether your swimmer has achieved a faster time at either a LC or SC event. To convert times, use Pullbuoy's time converter using ASA Tables as the conversion method → <https://www.pullbuoy.co.uk/times/>

If entering a converted time on the entry sheet, please add 'C' at the end of the line.

- **Coach's times or estimated times**

For those who have no time for a particular event a Club coaching time will be accepted, however, please contact me asap so that we can factor this into your swimmer's normal training prior to the Club closing date. The Head Coach will approve all entries prior to submission.

On the entry sheet write 'Time Needed' so it is easy to locate coach's times that need to be entered manually.

Any other questions please e-mail competitionsecretaryhsc@gmail.com before the club closing date for entries.