



Halton Masters Swim Team

2nd MASTERS OPEN MEET
UNDER A.S.A. / F.I.N.A. LAWS AND TECHNICAL RULES OF MASTERS SWIMMING

SATURDAY 5TH SEPTEMBER 2009



Halton Swimming Club resides in the Borough of Halton, Cheshire, England.

We are situated close to the famous Cities of Liverpool (*10 miles – Home of Liverpool & Everton Football Club, the Beatles*), Manchester (*30 miles – Home of Manchester United & City Football Clubs*) and the historic City of Chester (*20 miles - Roman Walls, Buildings, Shops and Racecourse*).

With the success of our first meet and calls to put this meet on again I'm please to invite you all to our second Masters Swim Meet, we are again inviting teams from all our twin towns and the European community. The event is not limited to the above and we welcome all applications from competitors who wish to travel to Halton and compete in this meet either as a team or an individual.

The event is planned to be held at our 8 lane, 25mtr competition pool at our base, Kingsway Leisure Centre, Widnes, Halton, Cheshire. The meet will consist of 50mtr & 100mtr events in each stroke and will include a 100mtr & 200mtr Individual Medley with a 400mtr freestyle event.

We will also include Team events of 4x50mtr Freestyle & Medley Relays for both male and female with a 6x50mtr mixed cannon relay to complete the day.

Programme

WARM-UP Female: 10.30 – 10.50 Male: 10.50 - 11.10

WARM-UP Female: 14.15 – 10.35 Male: 14.35 - 14.55

Session 1: To Start 11.15

- | | |
|------------------|--------------------|
| Event 1. Mixed | 400m Freestyle |
| Event 2. Mens | 50m Freestyle |
| Event 3. Ladies | 50m Freestyle |
| Event 4. Mens | 100m Backstroke |
| Event 5. Ladies | 100m Backstroke |
| Event 6. Mixed | 100 I.M. |
| Event 7. Mens | 50m Breaststroke |
| Event 8. Ladies | 50m Breaststroke |
| Event 9. Mens | 100m Butterfly |
| Event 10. Ladies | 100m Butterfly |
| Event 11. Mens | 200m Medley Relays |
| Event 12. Ladies | 200m Medley Relays |

Session 2: To Start 15.00

- | | |
|------------------|------------------------|
| 13. Mixed | 200m I.M |
| 14. Ladies | 50m Butterfly |
| 15. Mens | 50m Butterfly |
| 16. Ladies | 100m Freestyle |
| 17. Mens | 100m Freestyle |
| 18. Ladies | 50m Backstroke |
| 19. Mens | 50m Backstroke |
| 20. Ladies | 100m Breaststroke |
| 21. Mens | 100m Breaststroke |
| 22. Ladies | 200m Freestyle Relays |
| 23. Mens | 200m Freestyle Relays |
| 24. Mixed Cannon | 240 Years (6 Swimmers) |

Notes: The organizers reserve the right to restrict entries in oversubscribed events if required.

Overseas entrants – you can pay your entry fees on arrival at the pool; they must be paid before you swim. Confirmation of your entry will be sent by email, so please ensure that you have supplied an email address.

We have worked hard to make this event a success and for it to run smoothly and to time. Please cooperate by following the entry procedures given in this entry pack, and take particular care in calculating your entry fees. It takes much more effort to resolve problems than to avoid them.

If you have any questions about this meet please contact Frank Kilgannon by email; details below

Enquiries:

Email: frank_slow@hotmail.co.uk



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PROMOTERS CONDITIONS

- Session Times:**
- | | | | |
|------------|-----------------------|--------------------|-------|
| Session 1: | Warm-up 10.30 – 11.10 | Programme to start | 11.15 |
| Session 2: | Warm-up 14.15 – 14.55 | Programme to start | 15.00 |
- Entry Fees:**
- Individual Event £3.50 Team Event £5.00
No restrictions on number of swims entered by each individual.
(Maximum of two freestyle events)
- Closing Date:**
- Sunday 9th August, - early entries appreciated
Late entries may be accepted at the discretion of the promoter.
- Age Groups:**
- Ages as at the 31/12/09 except group “x” swimmers who should have reached the age of eighteen on or before the date of competition
- Entry Requirements:**
- All competitors are to be fully registered with their respected National Swimming Association or Federation. (*for insurance purposes*)
- Individual Events:**
- All individual events are seeded, so that you will swim against others of similar speed regardless of age. Races will be heat declared winners, Results will be decided on the recorded heat times in each age group
- Individual Competitor:**
- A competitor must be a member of the club he/she represents and may only swim for one club during the competition.
- Swim Conditions:**
- The one start rule will apply.
Over the top starts will be used if required on the day
- Entry Confirmation:**
- No Card System
Confirmation of entry will be posted on the Halton Swimming Club web site after the closing date with details of their submitted events and times. If you do not have access to the internet and would like to receive confirmation of accepted entries, please enclose a stamped addressed envelope with your entry form. Competitors should check the confirmation of accepted entries carefully. Most errors can be corrected prior to the meet. It is most unlikely that errors will be corrected on the day.
On the day of the gala, swimmers will find the heats and lanes posted on the poolside walls. Swimmers should make themselves available for their race at least two events prior and confirm their identity with the timekeeper.
- Presentations:**
- Individual Medals will be awarded to the first three swimmers of each age group, in each event. Medals will also be awarded to the individual members of winning relay teams. The medals will be available throughout the day from the nominated desk.
- The top visiting club trophy will go to the club with the highest total of points from the gala, the points will be awarded for individuals and relay teams as follows: - 1st 8 points, 2nd 6 points, 3rd 5 points, 4th 4 points, 5th 3 points, 6th 2 points, 7th & 8th and any swimmer or team who legally finishes their event 1point.
- Disputes:**
- Any matters not provided for in these conditions and notes shall be decided by the promoters
- Social Evening:**
- There will be a social held locally for all competitors and friends wishing to attend the evening event with a hot buffet and live music. (Vegetarian food will be available on the night).

Should you require further information, or have any queries, please contact myself by Email: frank_slow@hotmail.co.uk

Best wishes, Frank Kilgannon – Meet Manager



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INDIVIDUAL ENTRY FORM

Forename.....Surname..... D.O.B

Address.....Post code.....

E-mail..... Tel No (Home).....

Male/Female..... ASA RegTel No (Mobile).....

Swimming Club.....

| | | | | | | | | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-----|
| GROUP | X | A | B | C | D | E | F | G | H | J | K | L | M | N |
| AGE | 18-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80-84 | 85+ |

Please circle the appropriate age group (age as at 31/12/09)

Notes: All competitors are to be fully registered with their respected National Swimming Association or Federation. (e.g. A.S.A. Registered)

PLEASE SUBMIT AN ENTRY TIME FOR EACH EVENT YOU REQUIRE TO COMPETE IN

| | 50m | 100m | 200m | 400m |
|--------------|-----|------|------|------|
| BUTTERFLY | | | | |
| BACKSTROKE | | | | |
| BREASTSTROKE | | | | |
| FREESTYLE | | | | |
| IND MEDLEY | | | | |

Swimmers Declaration

1. I have not been informed by any medical practitioner, and I have no knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events. Accordingly I certify that I am physically fit to participate.
2. I am aware of the inherent risks involved in such competition, including the possibilities of injury and accident. I undertake to conduct myself in a responsible and professional manner, and not to do anything which would expose me or fellow swimmers to unnecessary risk of injury. I undertake to inform the referee of any concerns that I may have as regards to safety.
3. I hereby agree to abide by and be governed by the rules of FINA, and all other laws, conditions and regulations applicable, including Safety Laws laid down by the promoting club for this competition.
4. I also confirm that I am proficient in the execution, where necessary, of entry dives in accordance with ASA/National recommendations.

I enclose a cheque/order payable to HALTON S.C. for £..... for individual entries @ £3.50 each

SWIMMERS SIGNATURE:.....DATE:.....

I would like tickets for the social evening and hot buffet at £7.50 per person Total £.....

COMPLETED ENTRIES TO: Mr Frank Kilgannon
 25 Sandiway Ave
 Hough Green
 Widnes
 Cheshire
 WA8 8LE
 England



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Relay Entry Form

NAME OF CLUB (IN FULL):.....

TEAM CAPTAIN (IN CAPITALS):.....

ADDRESS:.....

.....POST CODE:.....CONTACT No:.....

E-MAIL ADDRESS (please print):.....

NB. All competitors in the 72+ age group must be at least 18 years of age on the day of the competition. No competitor under the age of 25 may compete in the 120-159, 160-199, 200-239, 240+ age groups & cannot insert the number teams into the boxes below for the teams entering each age group

| 4 X 50M | LADIES | | MEN | | MIXED CANNON (3+3) |
|---------|-----------|--------|-----------|--------|--------------------|
| | FREESTYLE | MEDLEY | FREESTYLE | MEDLEY | FREESTYLE |
| 72+ | | | | | |
| 120+ | | | | | |
| 160+ | | | | | |
| 200+ | | | | | |
| 240+ | | | | | |

You must re-enter your teams on the day and provide the swimmers names, ages using the forms available on the day

I certify that the information on this entry form is correct and I agree to abide by the promoters conditions

I enclose a cheque/order payable to HALTON S.C. for £..... for individual entries @ £5.00 each

TEAM CAPTAIN SIGNATURE:.....DATE:.....

COMPLETED ENTRIES TO: Mr Frank Kilgannon
25 Sandiway Ave
Hough Green
Widnes
Cheshire
WA8 8LE
England